



The Workshop Presenter:

Suzanne Connolly is in private practice in Sedona, Arizona, and is certified by the Arizona Board of Behavioral Health Examiners as an Independent Social Worker, a Marriage and Family Therapist and Independent Substance Abuse.

Training Modality:

Thought Field Therapy, (TFT) is a treatment technique developed over the past 30 years by clinical psychologist, Dr. Roger Callahan and is a kind of acupuncture for psychological problems. TFT resolves psychological problems by directing the client to tap on specific energy points on his/her own body in a specific sequence while thinking about a specific problem. This is done under the guidance of a TFT trained practitioner. Thought Field Therapy has been approved by the National Board of Evidence-Based Programs and Practices (NREPP) as an evidence based therapy.

Schedule: The live class will meet for two consecutive days beginning at 8:30 am and ending at 5 pm each day. There will be two 15 minute breaks and one 90 minute break on both days. Credit will be given for actual educational hours only. During each day attendees will have time to practice their new skills with other workshop participants. Certificates will be awarded immediately at the end of trainings.

Basic Training in Evidence- Based Thought Field Therapy Live Workshop

**This live class is for Professional
Mental Health Therapists (LMFTs,
LCSWs, and LEPs) at all skill levels**

Course meets the qualifications for 13 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Suzanne Connolly Workshops is approved by the California Association of Marriage and Family Therapists (Provider # 51033) to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs. Suzanne Connolly Workshops maintains responsibility for this program/course and its content

Cost for workshop:

\$300.00 four weeks early

\$325.00 two weeks early

\$350 thereafter

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<https://thoughtfieldtherapy.net/>

for more information

Workshop Goals:

By completing the course: Basic Training in Evidence Based Thought Field Therapy for Professionals, participants will be able to:

1. Apply the basic Thought Field Therapy (TFT) algorithm for trauma, grief, loss, sadness, anxiety and phobias in therapy situations.
2. Identify three additional treatment spots that can be added to the basic TFT algorithm and describe what specific emotions can be addressed using those spots.
3. Compare the four basic TFT reversal correction techniques and use them when appropriate.
4. Name three ways how TFT can fit into traditional models of therapy
5. Apply the appropriate use of TFT to address dysfunctional beliefs and issues of self-esteem.
6. Identify three ways that TFT can be used to enhance couples therapy.
7. Apply the use of collarbone breathing to correct for neurological disorganization and describe situations that would be appropriate for the use of collarbone breathing.

Presenter background:

Suzanne is trained in Ericksonian Hypnotherapy, Trauma Incident Reduction (TIR), Neurolinguistic Programming (NLP) and Levels EMDR. Suzanne was trained at the Diagnostic level of Thought Field Therapy (TFT) by Dr. Roger Callahan. She has made numerous presentations on Post Traumatic Stress Disorder throughout the United States, and in Kuwait, Rwanda, Japan and Paris, France. Suzanne's research on TFT and PTSD has been

published in peer reviewed professional journals and included in several meta-analyses. Suzanne is currently focusing her attention on training other professionals in the techniques of Thought Field Therapy and doing further research with Thought Field Therapy.

Cancellation Policy:

If a notice of cancellation is received at least two weeks prior to the live workshop date, your fees will be fully refunded. If we receive your notice of cancellation less than two weeks prior to the date of the workshop, we will not refund your payment, but you can apply the funds to a future workshop date.

Need special accommodation?

If, as a workshop participant, you have any special accommodation needs please let us know at smc@suzanneconnolly.com or 928-282-2627. Suzanne Connolly Workshops complies with all local, state, and federal regulations including the American with Disabilities Act of 1990 and will accommodate special requests to a reasonable degree, including but not limited to: wheelchair accessibility and sight and hearing impairments.

Grievance Policy:

If a grievance, of any kind, should occur, the participant will be asked to put their concerns in a written format, and if the participant desires, a full refund would be given to the participant without further questioning. The refund would be offered and given as immediately as possible, regardless of the timing of the complaint. Send grievance to: Suzanne Connolly
70 N Payne Pl, Suite 6, Sedona, AZ 86336
or smc@suzanneconnolly.com. All grievances and their resolution will be reported to CAMFT on annual reports.