

## CURRICULUM VITAE

Suzanne M. Connolly, LCSW, LMFT, LISAC  
Arizona State Licensed Clinical Social Worker,  
Marriage and Family Therapist, and Substance Abuse Counselor  
AASECT Certified diplomat of Sex therapy  
70 N. Payne Place, Suite 6,  
Sedona, Arizona 86336

### Work Settings:

#### *1987 to Present*

Continuous private practice, working with adults, adolescents, couples and families. Specialty areas include: anxiety disorders, sexuality, and posttraumatic stress. Intensive experience working with male and female survivors of sexual abuse, war trauma, genocide trauma and other trauma in both inpatient and outpatient settings in the U.S, Rwanda, Japan, and Kuwait. Currently providing trainings internationally and consultations to institutions and individuals. Twice a year treat female veterans suffering from PTSD at the Merritt Retreat Center in Payson, AZ. Presently working on a systematic literature review and meta-analysis of RCTs conducted in low and middle income countries that utilize professionally trained lay-counselors to facilitate mental health interventions.

#### *1992-1993*

Served as a professional consultant to Mingus Mountain Residential Treatment Center, a residential treatment center for girls in Prescott Valley, AZ. Was hired for a 10 month period to create and implement a treatment program for abused adolescent girls in order for the treatment center qualify for approval by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO). The program was approved by JCAHO in 1993.

## Supervision and Teaching Experience:

*September, 2014*

Taught a group of 21 Psychotherapists, at the Herzog Hospital-Israel Center for the Treatment of Psychotrauma in both and beginning and advanced levels of Thought Field Therapy. Continued supervision through 2015.

*2008- 2009*

Adjunct ASU professor, teaching Holistic Social Work to students attending the graduate social work at Arizona State University and Scottsdale Health Center.

*1996-present*

Presenting Thought Field Therapy trainings worldwide. To date have presented over 200 Thought Field Therapy trainings, training psychologists, M.D.'s, R.N.'s, social workers, marriage & family therapists, registered nurses, and counselors to use Thought Field Therapy in their clinical work. Have conducted TFT trainings in Paris, Kuwait, Mexico, Rwanda, Montreal, Japan and throughout the United States.

## Partial List of Professional Presentations:

*May, 2018*

Presented an invited presentation *Addressing the Global Mental-Health Gap: How To Help Democratize the Delivery of Mental-Health Services Globally.*

*2016-2017*

Headed team that made a total of three visits to Las Vegas, Nevada. During that time lead the facilitation of two full TFT trainings for veterans and those who work with veterans.in the Las Vegas Nevada Community. Over 50 veterans and professionals and para professionals were trained in the two-day training. Several brief introductory self-help VT trainings were presented to veterans and those who work with veterans in the larger Las Vegas Community, including presentations at the University of Nevada at Las Vegas Veteran Student Center,

*May, 2016*

Presented the presentation *Training the Trainer: The Tried and True Protocol to Change the World* at the 18<sup>th</sup> annual ACEP Conference. Presented how posttraumatic Stress Disorder, PTSD,

is a global public health problem and how training lay-counselors in low and middle income countries can help close the mental health gap.

*December, 2010*

Presented, by invitation *The Diabetes Connection to Stress and Anxiety: What you can do*, at the Alaskan Native Medical Center Annual Diabetes Conference; Growing Our Knowledge of Diabetes Care, Prevention and Treatment among Alaska Native People.

*July, 2010*

In Tokyo, Japan, presented a one-day workshop on TFT clinical skills to professional medical and mental health practitioners working in the aftermath of the Tsunami and earthquake. Also presented a Marriage and Family communication class,

*January, 2010*

Presented a TFT algorithm training and an advanced training in Kuwait.

*July-August, 2009*

Presented several trainings in Thought Field Therapy to various groups throughout Rwanda. Supervised the treatment of over 600 community members by newly trained Rwandan therapists and conducted research. Supervised the new Rwandan trainees, treating community members.

*April, 2008*

Presented a two-day TFT training to graduate students at the Arizona State University School of Social Work by invitation.

*December, 2007*

Presented *A Brief Therapy Approach to Trauma* at 10<sup>th</sup> International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy.

*October, 2004*

Presented *Using Thought Field Therapy to address negative self-assumptions and dysfunctional beliefs* at Second International Association of Thought Field Therapy Conference.

*October 2004*

Presented Thought Field Therapy training in Kuwait to Muslim women working with trauma..

*October, 2002*

Presented the workshop, *Complex Marital and Sexual Issues: Combining Thought Field Therapy with Traditional Sex Therapy Approaches and Traditional Couples Therapy* at the First Annual Conference for the Association of Thought Field Therapy.

*January, 2002*

Presented two- day training on Levels one and two Thought Field Therapy in Paris, France. Training focused on the treatment of anxiety, phobias, anger, past trauma, grief, and other psychological problems and was sponsored by the Institut Sakti D'Hypnose Cininque.

*December, 2001*

Presented *Combining Ericksonian Approaches and Thought Field Therapy to Challenge Negative Self-Assumptions* at the Eighth International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy.

*November, 2000*

Presented *Using Thought Field Therapy in the treatment of Sexual Problems* at the AASECT sponsored conference, Sexuality, Intimacy and Spirituality in the 21<sup>st</sup> Century Conference.

*June, 2000*

Presented *Using Thought Field Therapy to Treat Victims of Trauma* at the Arizona Coalition for Victim Services Conference.

*November, 1999*

Presented two day workshop in Littleton Colorado on using Thought Field Therapy with trauma victims at invitation of Columbine Connections, a group federally funded to work with students and others affected by the tragedy which occurred at Columbine High School.

*September, 1999*

Presented a five-hour introduction to Thought Field Therapy Workshop by invitation, at the University of Connecticut School of Medicine, Dept. of Psychiatry as part of their Master Therapist Series.

*March, 1999*

Presented workshop by invitation entitled *Sex for Prostrate Surgery Survivors* for the American Cancer Society Prostate Health Committee.

*November, 1998*

Presented *Using Thought Field Therapy in the Treatment of Sexual Problems* at the 1998 Annual Joint Meeting of AASECT and SSSS.

*September, 1997*

Presented workshop *Using Thought Field Therapy in the Treatment of Male Survivors of Sexual Abuse* at the Seventh International Interdisciplinary Conference on Male Sexual Victimization.

*October, 1997*

Presented *Thought Field Therapy: Truth or Placebo?* at the Washington State Counselors' WCA Fall Conference.

*April, 1993*

Presented workshop entitled *Group Therapy for Adolescent Survivors* at 1993 Conference *Clinical Consequences of Childhood Sexual Abuse*. Talk included criteria for diagnosing PTSD and Dissociative Disorders and physiology of PTSD and Dissociative Disorders.

Awards:

*June 2013*

Awarded Harvey Baker Research Award, at 2013 ACEP Conference.

*May 2013*

Awarded Humanitarian of the Year, National Association of Women Business Owners, Northern AZ Chapter.

Publications:

*June, 2013*

Connolly, Roe-Sepowitz, Sakai, & Edwards (2013) Utilizing community resources to treat PTSD: Utilizing community resources to treat PTSD: A randomized controlled study using Thought Field Therapy. *African Journal of Traumatic Stress*, 3(1), 82-90.

*Winter, 2011*

Connolly, S.M., & Sakai, C.E. (2011) Brief trauma symptom intervention with Rwandan genocide survivors using Thought Field Therapy. *International Journal of Emergency Mental Health*, 13(3), 161-172.

*Winter, 2010*

Sakai, C., Connolly, S., & Oas, P. (2010). Treatment of PTSD in Rwanda genocide survivors using Thought Field Therapy. *International Journal of Emergency Mental Health*, 12(1), 41-49.

*July, 2004*

Connolly, S. *Thought Field Therapy: Clinical Applications* (2004) George Tyrell Press  
(Translated into and published in Japanese, July, 2011).

Professional Training and Development Highlights:

*July 2005*

Completed five- day Intermediate Intensive Training in Ericksonian Approaches to Brief Hypnotic Therapy

*September, 1996*

Completed four- day training in TIR (Trauma Incident Reduction)

*January 1996*

Trained and Certified at Diagnostic level, TFT (Thought Field Therapy) by Roger Callahan, Ph.D

*June 1994*

Trained in Levels II EMDR (Eye Movement Desensitization and Reprocessing) by Francine Shapiro, Ph.D.

*January 1994*

Trained in Level I EMDR (Eye Movement Desensitization and Reprocessing) by Francine Shapiro, Ph.D.

*March 1992 – February 1993*

Completed 100 hours, plus, of sex therapy supervision to satisfy requirements to become certified by AASECT as a sex therapist. Dr. Ellen Cole, who has previously studied under Drs. Masters and Johnson, supervised 50 hours of this. Kathleen Todd, ACSW, supervised 50 hours.

*April 1990 – January 1992*

Completed 180 hours of face-to-face supervision with Dr. Malcolm Gray to meet certification requirements of American Association for Marriage and Family Therapy (AAMFT)

Graduate Research:

Graduate research paper/thesis demonstrated that the minority influence on the majority was stronger than majority influence on the minority, presumably due to salience of minority opinion

or behavior.

#### Credentials and Academic Degrees:

*May 1987*

Earned graduate degree in Social Work from Arizona State University School of Social Work. Awarded full academic scholarship, based on academic merit for second year of study.

*May 1994*

Earned undergraduate degree in Psychology from Northern Arizona. Graduated with honors and Magna Cum Laude. Elected to Phi Kappa Phi, National Honor Society.

#### Professional Licenses:

Licensed by Arizona Board of Behavioral Health Examiners as an Independent Social Worker, a Marriage and Family Therapist and a Substance Abuse Counselor.

#### Programs offered for CE's:

Suzanne's live and online two-day TFT trainings are certified for 13 Continuing Education credits for LMFT's, LCSWs, LPCCs and LEPs through the California Association of Marriage and Family Therapists (CAMFT, Provider # 051033); for Registered Nurses through the California Board of Registered Nurses (Provider # CEP 13320); for social workers through National Association of Social Workers, AZ Chapter (Provider # 3192).

#### Community Service:

*2006-2013*

Facilitated seven two-day trauma relief training for community workers in Rwanda sponsored by El Shadai Orphanage and ATFT Trauma Relief Committee, US Aide and Catholic Relief Services.

*2013*

Facilitated a basic level and advanced level TFT training for Kuwaiti men and women who conduct volunteer work with trauma in Kuwait City. Conducted previous trainings in Kuwait in 2002, 2006, and 2010.

*2006*

Treated trauma victims in New Orleans. Facilitated a two-day trauma relief training for medical professionals, sponsored by Charity Hospital, in New Orleans, LA. Subsequently was asked by Oshner Hospital to conduct a second training at their facility in New Orleans, LA, and then a third trip to New Orleans to conduct a training at a branch of Charity Hospital in Lafayette, Louisiana.

*1999*

Presented a two-day workshop in Littleton Colorado on using Thought Field Therapy with trauma victims at the invitation of Columbine Connections, a federally funded group formed to address the aftermath of the tragedy at Columbine High School.

*1993*

Facilitated trauma-debriefing groups for flood victims of Arizona Floods at Request of American Red Cross,

*1993*

Served on Board of Verde Valley Family Network Group.

Personal: Married for 57 years, six children, fourteen grandchildren, one great grandchild. Love traveling, camping, hiking and spending time with family and friends.